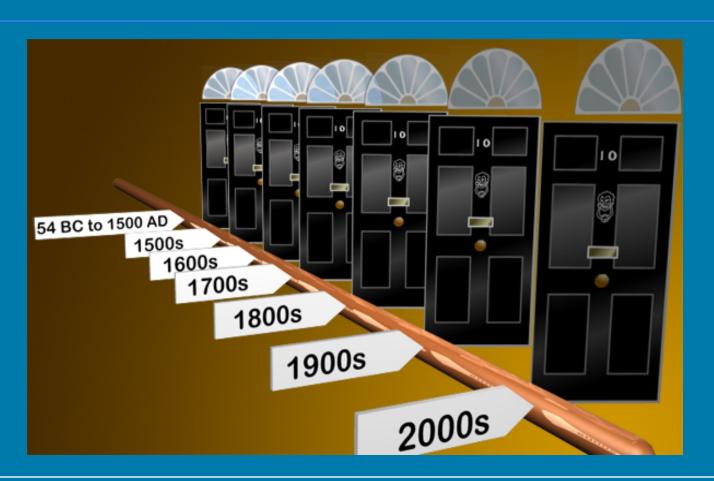
# CoPA Meeting Update on ASD

Maureen A. Conroy, PhD May 15, 2009



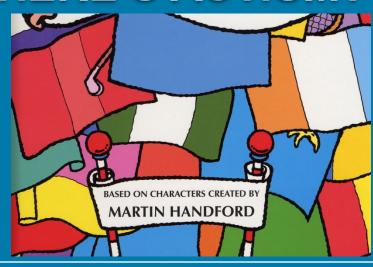
## Historical Perspective

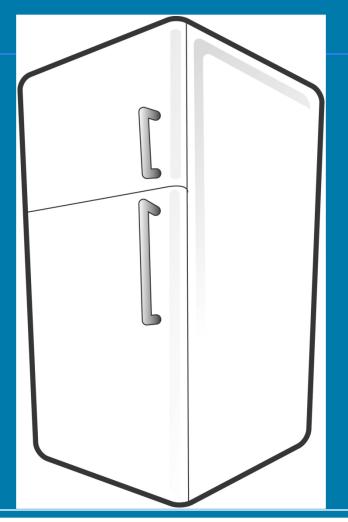


# Historical Perspective



#### WHERE'S AUTISM?





#### Current Trends



### Spotlight on ASD

- Increased focus on autism research and intervention in legislation, media, & funding agencies
  - National
    - Combating Autism Act
    - Interagency Autism Coordinating Council
    - Autism Centers of Excellence (http://www.ucdmc.ucdavis.edu/MINDInstitute/)
    - National Professional Development Center on ASD
    - Increase in autism research budget
  - State & Local
    - Department of Behavioral Health & Developmental Services
    - TTAC focus on ASD (APP)
    - Commonwealth Autism Services (CAS)
    - Virginia Autism Council (VAC)
    - Virginia Autism Resource Center (VARC)
    - Communities of Practice in Autism (CoPA)
    - University Centers

#### Where are we now?

Autism is an epidemic!



- 1 in 150 children will receive a diagnosis of an autism spectrum disorder (Centers for Disease Control, 2006)
- Crosses class, racial, ethnic, and geographical boundaries
- 2<sup>nd</sup> most common developmental disability

#### Why is autism an epidemic?

- There may really be more children with ASD
- Better screening and diagnostic tools
- We now have a "spectrum"
- Genetic factors
- Identifying children with autism earlier

# What is autism?



#### What is autism?

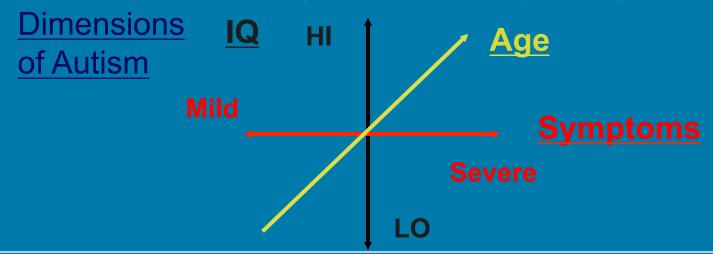
Autism is a complex neurodevelopmental disorder



- Onset prior to age 3
- Syndrome/Spectrum Disorder
  - Social relatedness difficulties
  - Communication impairments
  - Behavioral excesses

#### What is autism? 10

- 4-5 times more prevalent in boys than girls
- Occurs on a behavioral continuum
  - 50-75% of individuals have comorbid mental retardation
  - 15-20% have average or above average intelligence



#### Lifelong Disorder

- 2-3 years of age—aloof/passive; social/communication symptoms
- 4-5 years of age—increase in a variety of repetitive behaviors
- >5 years of age—increase in social interest
- Adolescence—social inappropriateness amplified
- Adulthood—1-2% live independently; 1/3 have some degree of independence; 2/3 require supervision

# Stay tuned for more...