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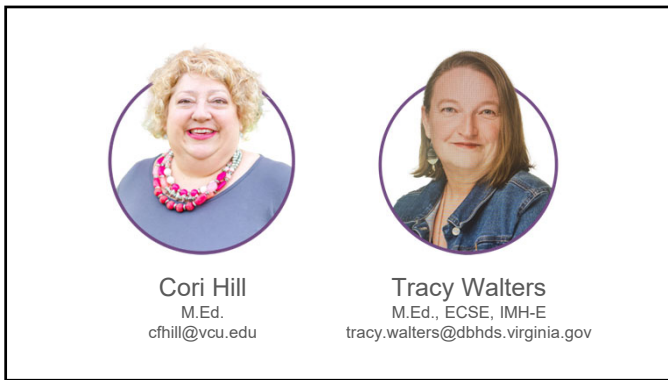
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### Agenda

-  Review of Talks on Tuesday: **Digital Distractions**
-  Ditching Our Preconceived Notions
-  Flipping the Switch
-  Video Reflections
-  Touchpoint Wrap-Up

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## Learning Objectives

- 1 Reframe our own biases about "Digital Distractions"
- 2 Reflect and discuss videos demonstrating the communication opportunities with digital technology
- 3 Consider next steps for effective use of digital technology

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## The Digital Distraction

The Intersection Between Technoference and the Parent-Child Dyad  
Presented by Tracy Ellis-Walters, M.Ed.



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 How does this image make you feel?



"I'm completely cool with this"      "This causes some anxiety or judgmental thoughts"      "UGGH!!!"

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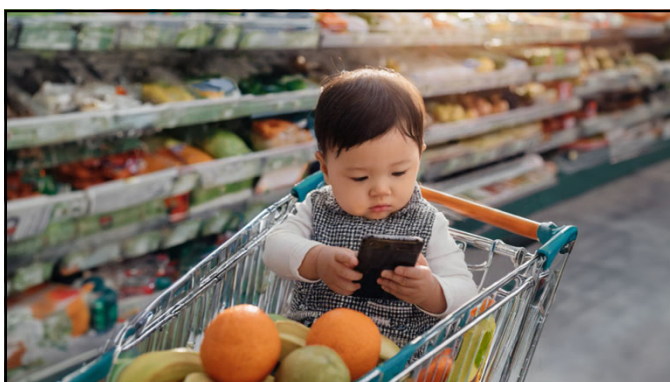
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 How does this image make you feel?



"I'm completely cool with this"      "This causes some anxiety or judgmental thoughts"      "UGGH!!!"

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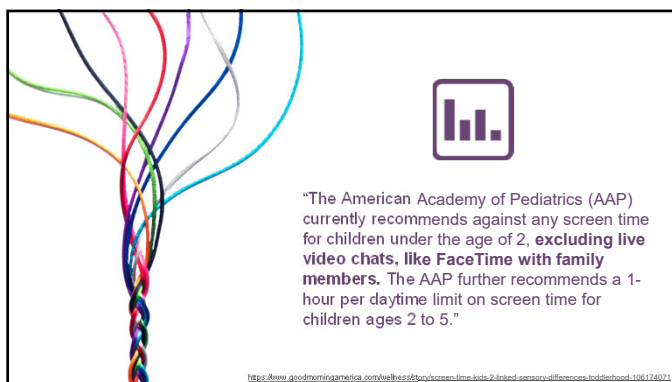
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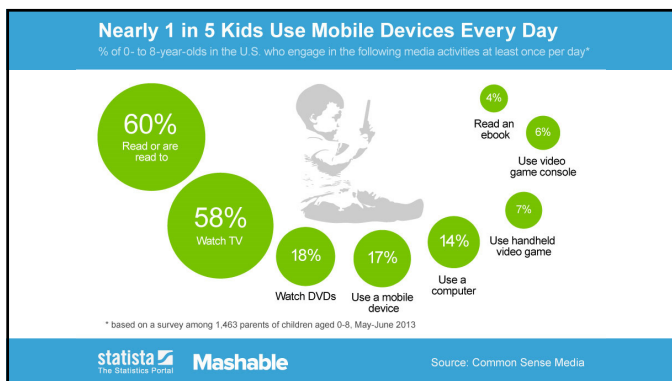
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“Media is so pervasive that it should no longer be considered a nuisance variable that could impact development; rather it should be seen as a fundamental part of the context in which development occurs.”  
(Barr 2019)

**HHS Public Access**  
Author manuscript  
View this paper on PubMed: <https://doi.org/10.1016/j.jad.2019.04.001>

**Coming up in the digital age: Early learning and family media ecology**

**Rachel Barr**  
Department of Psychology, Georgetown University

**Abstract**  
Media is so pervasive that it should no longer be considered a nuisance variable that could impact development; rather it should be seen as a fundamental part of the context in which development occurs. Despite the frequent calls for digital media, which is a variety of screen content, ranging from text and video, and the ubiquitous nature of early media exposure in our society, the impact of digital media on early development remains unclear. This review examines the current state of research on the topic, including the role of parents, the role of digital media in early learning, and the potential for digital media to impact early development. The review also discusses the need for research on the impact of digital media on early development, and the potential for digital media to impact early development.

**What is the digital landscape like for very young children?**  
Digital media availability has tripled over the past decade. As a result, the introduction of digital media to young children, often using mobile devices, is now a common occurrence. This review examines the current state of research on the topic, including the role of parents, the role of digital media in early learning, and the potential for digital media to impact early development. The review also discusses the need for research on the impact of digital media on early development, and the potential for digital media to impact early development.

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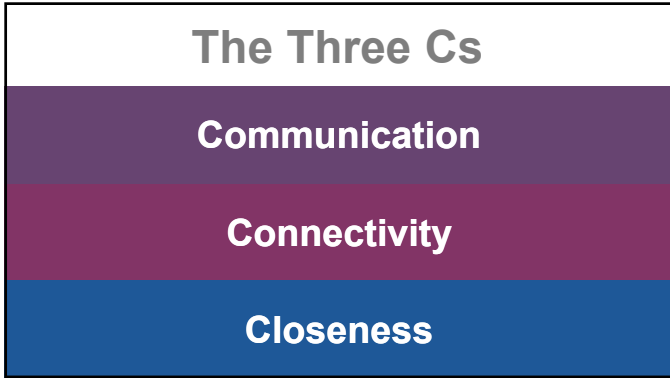
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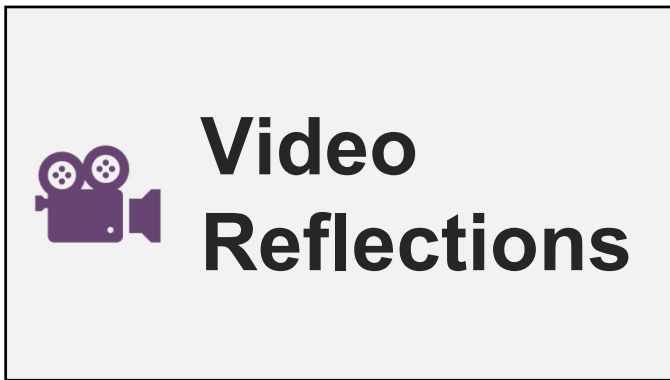
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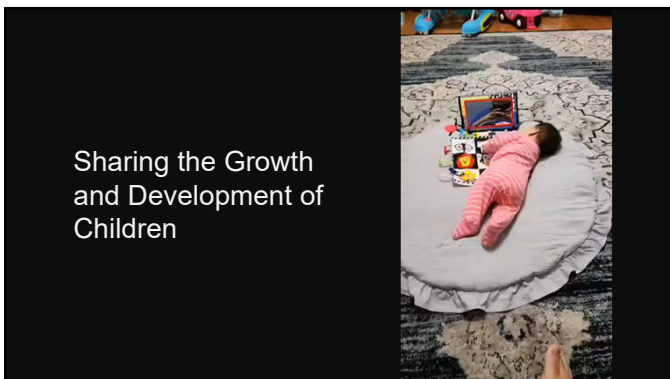
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Communication with  
Extended Family  
Across the Miles

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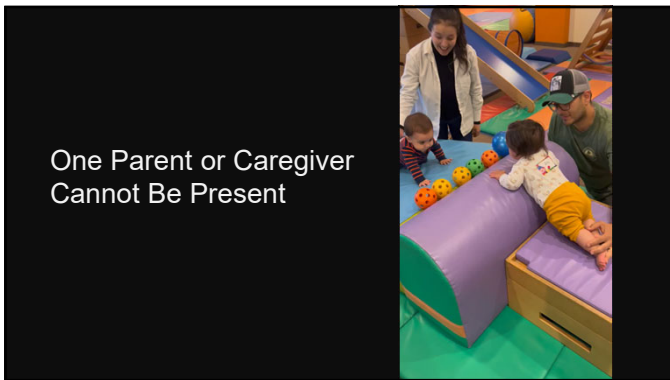
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One Parent or Caregiver  
Cannot Be Present

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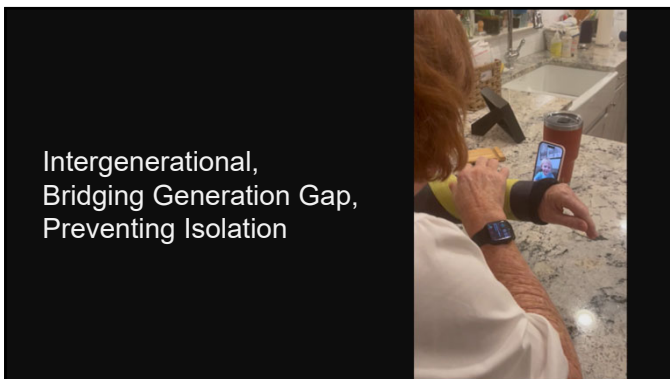
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Intergenerational,  
Bridging Generation Gap,  
Preventing Isolation

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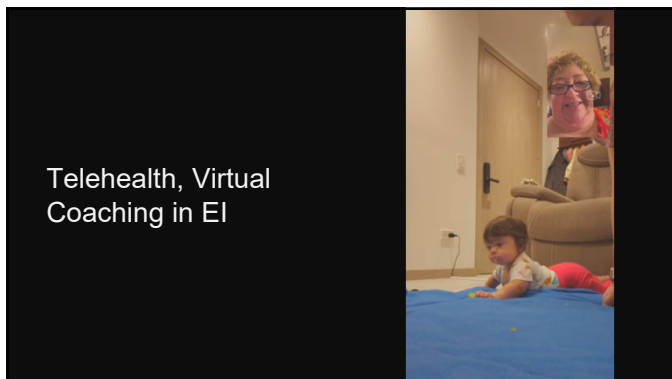
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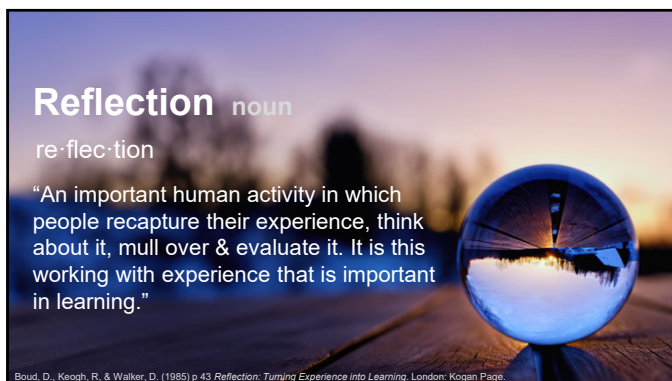
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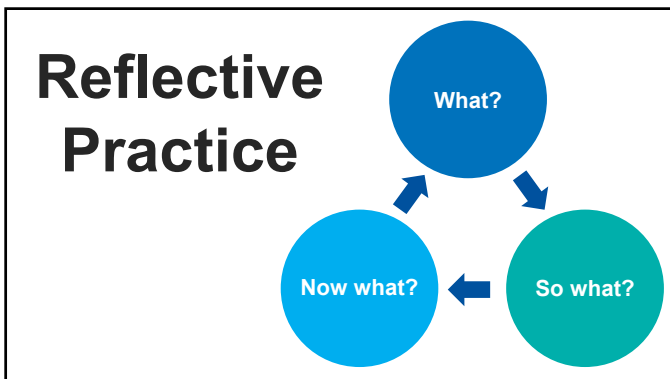
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# Reflective Practice

- Understanding the Family Story
- Holding The Baby/Child In Mind



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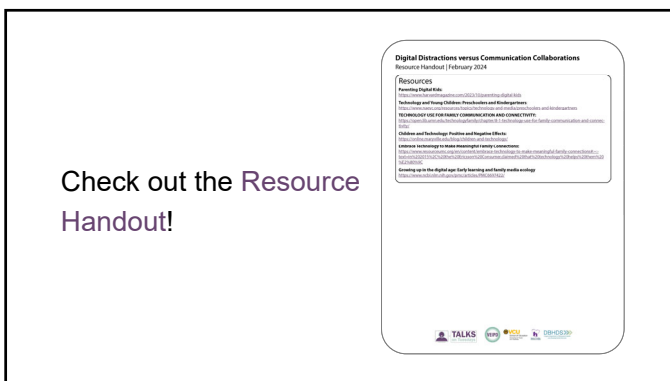
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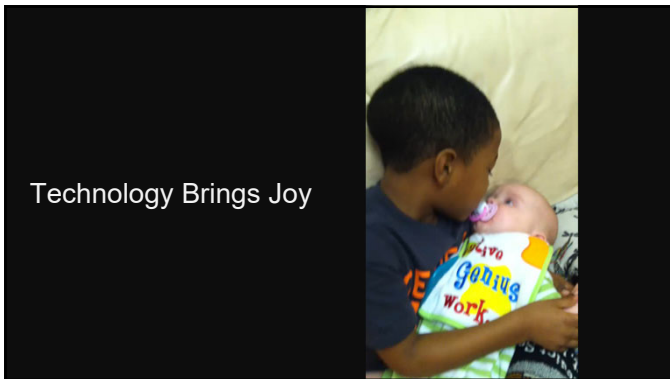
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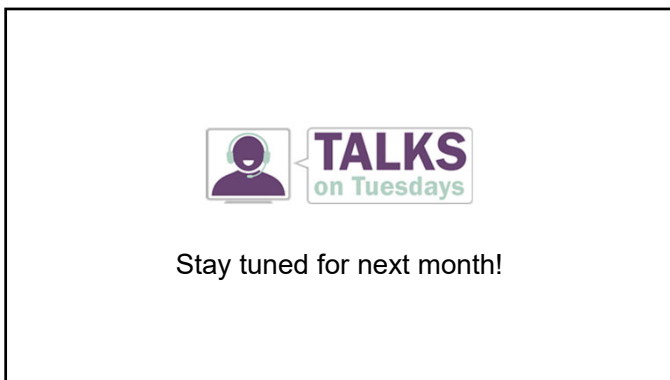
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