CHECK THESE OUT!

* Learn the Signs: Act Early (homepage)

<http://www.cdc.gov/ncbddd/actearly/index.html>

* Baby Steps: Learn the Signs. Act Early. (video)

 <http://www.cdc.gov/CDCtv/BabySteps/>

* Developmental Milestones

<http://www.cdc.gov/ncbddd/actearly/milestones/index.html>

# Facts About...From birth to 5 years, your child should reach [milestones](http://www.cdc.gov/ncbddd/actearly/milestones/index.html) in how he plays, learns, speaks and acts. A delay in any of these areas could be a sign of a developmental problem, even autism. The good news is, the earlier it’s recognized the more you can do to help your child reach her full potential. To learn more about some types of developmental disabilities, click on the following links.

<http://www.cdc.gov/NCBDDD/actearly/facts.html>

* Information for Families

<http://www.cdc.gov/ncbddd/actearly/parents/index.html>

* Information for Health Care Providers

<http://www.cdc.gov/ncbddd/actearly/hcp/index.html>

* Information for Early Childhood Professionals

<http://www.cdc.gov/ncbddd/actearly/ccp/index.html>

* Information for Partners

<http://www.cdc.gov/ncbddd/actearly/partners/index.html>

* Get Involved!

<http://www.cdc.gov/ncbddd/actearly/partners/index.html>

* Free **Materials !** (including how to customize materials)

<http://www.cdc.gov/ncbddd/actearly/freematerials.html>

# Order Form

 <http://wwwn.cdc.gov/pubs/birthdefects.aspx>