# Additional Resources

* Just Take A Bite: Easy, Effective Answers to Food Aversions and Eating Challenges, Lori Ernsperger and Tania Stegen-Hanson
* Food Chaining: The Proven 6-Step Plan to Stop Picky Eating, Solve Feeding Problems, and Expand Your Child’s Diet, Cheri Fraker, Mark Fishbein, Sibyl Cox, Laura Walbert
* Child of Mine: Feeding with Love and Good Sense, Ellyn Satter
* Feed Me I’m Yours – Revised, Vicki Lansky and Kathy Rogers

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