

## **The Growing Brain**

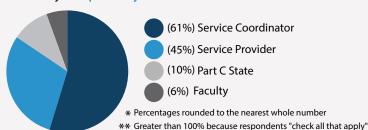
Supporting the Emotional Well-Being of All Families

November 2023

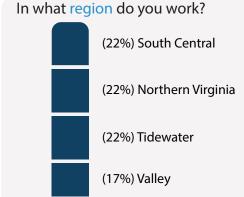
The Growing Brain, a ZERO TO THREE curriculum, prepares early interventionists to consider how to implement shared knowledge and experiences around social and emotional development into practice. This short course promotes the role everyone plays in supporting the emotional well-being of all families.

Specifically, this 4-week short course covers the following topics: Relationships, stress, attachment, trauma, temperament and behavior.

What is your primary role?



Be more mindful of where each family is in the grieving process. Celebrate each little step forward (which may be different with each family member).



\* Percentages rounded to the nearest whole number

(6%) Southwest

(11%) Other

"

Using the information provided in the way I communicate with families and resources I can offer the families. The information also provides me a way of looking through the family lens and not through the professional lens.

How satisfied were participants with the sessions?

Very Satisfied or Satisfied

## From the four Growing Brain sessions:

The training will have a positive impact on my professional work.

As a result of this course session, my knowledge/skills in this topic have increased.

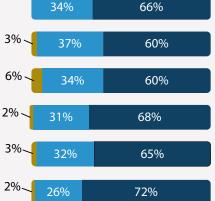
I learned more about practical strategies that I can use.

I feel more confident about my knowledge of the topic.

I learned about strategies and/or resources that I will now use in my work with families.

The information was practical and useful to me in my work.





100% Session 1

100% Session 2

100% Session 3

100% Session 4

100% All Four Weeks

Percentages rounded to the nearest whole number

