



LEARNINGbyte

El Service Delivery

Introducing the SS-OO-PP-RR Home Visiting Method to Support Coaching Practices



PURPOSE OF ACTIVITY

This activity introduces the SS-OO-PP-RR home visiting method for coaching families during intervention visits. This approach is part of the Family-Guided Routines Based Intervention (FGRBI) model, which includes strategies for engaging families.



RESOURCES NEEDED

- **Handouts** - [SS-OO-PP-RR Home Visiting](#)
 - [FGRBI and SS-OO-PP-RR Key Indicators Checklist](#)
- **Video** - [A Home Visit with Esaias' Family](#)
- **Manual** - [FGRBI Key Indicators Manual](#)



SPECIFIC STEPS

1. Send participants the link to the SS-OO-PP-RR Home Visiting handout or print and provide copies. Instruct them to read the handout before the meeting and note anything that interests them or any questions they have. Challenge learners to note similarities and differences between the SS-OO-PP-RR method (pronounced “super”) and early childhood coaching (Rush and Shelden, 2011).
2. Begin the meeting by reviewing the handout and inviting participants to summarize each step in the SS-OO-PP-RR method.
3. Watch the video as a group.
4. After watching the video, facilitate a discussion using the following questions:

Setting the stage

- *How do you set the stage for your visit?*
- *How does revisiting the joint plan help you do this?*

Observation and Opportunities to Practice

- *Do you spend much time on visits observing the parent and child?*
- *How do you make parents comfortable with observation?*
- *Is observing without jumping in to the interaction hard for you? Why or why not?*
- *What routines and activities did you observe during visits over the last week?*
- *Why is observation important?*
- *How are you facilitating opportunities for the parent to practice?*
- *Do you find it challenging to facilitate practice? Why or why not?*
- *What strategies do you use to help parents practice using intervention strategies with their children?*

Problem Solving and Planning

- *How do you help parents problem-solve? What kinds of questions or statements do you use to brainstorm with the parent?*
- *How do you help parents plan for how to use intervention strategies during other activities?*
- *How do you help parents plan for what to do between visits?*

Reflecting and Reviewing

- *How do you use joint planning to facilitate reflecting and reviewing?*
 - *How does reflecting and reviewing help you prepare for the next visit?*
5. Review the *FGRBI and SS-OO-PP-RR Key Indicator Checklist* with participants. Instruct them to complete the checklist while reflecting on practices. Participants can either think broadly about their coaching practices or focus on a recent visit.
 6. Invite participants to break into pairs and review how they scored the checklist. Instruct participants to put a star beside the component or indicator that they think they already do well and circle the component or indicator that they would like to further develop.
 7. Debrief by inviting participants to summarize their discussions and reflections.
 8. Encourage participants to use the key indicators checklist for self-reflection after their visits during the next week.
 9. Wrap-up by inviting each participant to share his/her action plan for developing his/her skills related to the discussion of the SS-OO-PP-RR home visiting method. Tell participants that you will follow-up with them on their action plans (either by email in a week or at the beginning of the next meeting).
 10. After the meeting, email participants the link to the *FGRBI Key Indicators Manual* so they can learn more about this approach and the home visiting method.



ADDITIONAL RESOURCES

Article:

- Friedman, M., Woods, J., & Salisbury, C. (2012). [Caregiver coaching strategies for early intervention providers: Moving toward operational definitions](#). *Infants & Young Children*, 25(1), 62-82.

Website:

- [Family Guided Routines Based intervention](#)