



LEARNINGbyte

EI Service Delivery

Orientation to Tele-Intervention 3-Session Plan



PURPOSE OF ACTIVITY

This activity is designed to orient new staff to tele-intervention, or providing early intervention services using video conferencing technology. It can also be used with current staff who are new to tele-intervention.



RESOURCES NEEDED

Video conferencing platform with a shared screen option (if conducting sessions remotely) or laptop, projector, and screen (if sessions will be in-person)

Handouts (visit the [COVID-19 Updates](#) page for the most current versions):

- COVID-19 Policies and Procedures for the Infant & Toddler Connection of Virginia
- Early Intervention during the COVID-19 Public Health Emergency: Frequently Asked Questions

Guided Viewing Sheet (see pages 4-6 of this learning byte)

Archived Webinar:

- [Telepractice in Early Intervention](#)

Blog Post:

- [10 Strategies for Engaging Parents \(not Children?\) during Tele-Intervention](#)



SPECIFIC STEPS - PART 1

Structure this orientation to occur across three sessions, either in-person or using video conferencing. Or, choose the session(s) that will address the interests and needs of your staff/colleagues. If using video conferencing, provide participants with instructions about the session at least one week prior to the first meeting. Provide participants with the video conferencing meeting link 1-2 days before the meeting.

Note: If your group is ready to discuss preparing for and conducting tele-intervention visits, you may want to use the learning byte, [Using Tele-Intervention to Conduct Early Intervention Visits](#). If you group wants to discuss tele-assessment, use the learning byte, [Conducting Tele-Assessments](#).

Session 1 – Reviewing Virginia Guidance

1. Before your first session, instruct participants to review the most current versions of the handouts for Virginia-specific guidance about tele-intervention. Send participants the following questions to prepare for the meeting.
 - *How would you describe tele-intervention/telepractice/telehealth in the context of early intervention service delivery to a family?*
 - *What are some of the potential benefits of tele-intervention?*
 - *What are some potential challenges?*
 - *What questions do you have about tele-intervention? What do you still need to know?*
2. Open the first session by reviewing key points from the handouts. Point out how different labels are being used to describe tele-intervention, such as telehealth and telepractice. Explain that these labels all describe a service delivery method that uses video conferencing or phone conferencing to connect with families for the provision of early intervention services.
3. Use the questions you sent to participants to facilitate a discussion about tele-intervention. Record participants' insights into the benefits and challenges, and their remaining questions so you can go back to them later as the group continues to learn.
4. Wrap up by describing the next session which involves viewing an archived webinar and using a guided viewing sheet to capture impressions and answer questions. Let participants know to expect an email from you with the link to the webinar and the guided viewing sheet as an attachment. Instruct participants to bring their completed guided viewing sheets to the next session and be ready to discuss what they learned.

Session 2 – What is Tele-Intervention/Telepractice in Early Intervention?

1. Before the next session, instruct participants to watch the webinar, [Telepractice in Early Intervention](#). Email them the link to the webinar with the guided viewing sheet at least one week before the session. Paste the challenges and questions mentioned during the first meeting into the email and encourage participants to look for answers to these questions during the webinar.
2. Open Session 2 by asking participants to share their insights from the webinar. Record these insights on a shared document that all participants can see/access if you are meeting using video conferencing software (or ask for a volunteer note-taker).
3. Use the questions on the guided viewing sheet to facilitate a conversation about tele-intervention.
4. Review the challenges and questions raised during Session 1. Invite participants to share the solutions and answers to the questions they gathered from watching the webinar.
5. Wrap up the session by reviewing what participants still need to know or understand. Record any ideas on the shared document. Describe the final activities in this orientation which involve reading a blog post and observing a tele-intervention visit. Let participants know to expect an email from you with a link to the blog post and instructions for setting up the observation.

Session 3 – Observing and Implementing Tele-Intervention

1. At least a month before the final session, instruct participants to read the blog post, [10 Strategies for Engaging Parents \(not Children?\) during Tele-Intervention](#), and make arrangements to observe a tele-intervention visit with one of their colleagues. Ask participants to print the blog post (if possible) and note any strategies their colleague used.
2. Open Session 3 by asking participants to share their insights from their reading and observation. Use the following questions to facilitate discussion:
 - *What did you think went well during your observation?*

- Which strategies from the blog post did you see used?
 - What additional strategies would you add to the list?
 - If you were to provide feedback to your colleague, what do you think could be improved?
 - Which strategies from the blog post do you want to be sure to use when you begin providing tele-intervention? Why?
3. Revisit the potential benefits, challenges, and questions shared during Session 1. Invite participants to update or add to the lists.
 4. Wrap up the session by inviting participants to share what support they still need and any actions they plan to take to begin providing tele-intervention.

Note: After completing the three sessions, proceed to the next Learning Byte in this series entitled, [Using Tele-Intervention to Conduct Early Intervention Visits](#).



ADDITIONAL RESOURCES

VEIPD page - [COVID-19 and EI Tele-Intervention Updates](#)

Visit this page for additional information and links to videos, articles, handouts, and tools.

Guided Viewing Sheet

Telepractice in Early Intervention

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Pronto Therapy Group, LLC
Infant & Toddler Connection of Virginia

Review these questions before watching the archived webinar. Then, jot down notes to answer the questions and fill in the blanks as you watch. Be sure to listen for ideas and strategies that address the challenges and questions shared during Session 1.

NOTES:

Myth #1: Telepractice is just FaceTime

One example of a HIPAA and FERPA compliant platform is _____.

Myth #2: Telepractice makes it hard to maintain attention

Our goal is to help the _____ gain the _____ attention, not for us as the provider to gain the _____ attention.

Myth #3: Not everyone is a good _____ for telepractice.

Our motto has always been " _____ "

Myth #4: Telepractice is always a HASSLE!

Write down 3 possible benefits to families:

1. _____
2. _____
3. _____

Write down 3 possible benefits to providers:

1. _____
2. _____
3. _____

Evidence/Research

Telepractice clients make _____ to traditional methods.

- Susan Grogan-Johnson of Kent State University (2010)

Telehealth results in more active _____.
- Baggett et al., 2010; Baharv & Reiser, 2010; Ingersoll, Straiton, Casagrande, & Pickard, 2019; Meadan & Daczewitz, 2015; Vismara et al., 2012

Clinical Competencies

Summarize two of the clinical competencies:

- 1. _____
- 2. _____

Legal Considerations

What do you need to keep in mind?

Responsibilities of Caregivers

List 2 responsibilities:

- 1. _____
- 2. _____

Responsibilities of EI Providers

List 5 responsibilities:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Notes about Coaching in Video Examples:

5 Must Have Skills in Telepractice

Add at least one key idea from the webinar for each skill below.

1. Follow the _____ Lead
2. _____ the Family
3. Pace the Session to Maximize _____ and _____
4. _____ to and _____ Behavior
5. Documentation

What are your 3 Take-Away Ideas from this webinar:

1. _____
2. _____
3. _____

Think back to the challenges and questions your group discussed in Session 1. What did you learn from this webinar that addresses these challenges or questions? Jot down your notes here and be ready to share what you learned in the next session.