

- These are not complete notes; they are excerpts to demonstrate specific ways to meet payor requirements.
- Need to include parent and describe what you taught, demonstrated, altered and /or modified
- Avoid jargon and acronyms
- Suggestions are a compromise using medical skilled terminology and Part C focus for intervention.

1. LT Outcome: Jane will walk independently in the yard to play with her siblings x 30 min. for 3 consecutive days.

Update (Reflection): Mom explained that Jane will practice walking in the home but not outside in the yard and this concerns her because they spend a lot of time outside as a family.

ST goal addressed: helping Jane walk independently to play games in the yard with her siblings.

Strategies/Response: Modeled how to hold Jane's hands and walk with her in the grass and coached Jane's Mother and Jane's brother and sister to try it. Jane walked with her brother and sister in the yard for 10 minutes with moderate to maximum assistance. Jane's mother said that Jane really likes riding and pushing their wagon. Modeled, and then coached, Jane's mother, brother and sister in how the sister and Jane can push their brother in the wagon. Jane walked 20 ft. on the level part of the yard while pushing the wagon with moderate assistance from her sister.

2. LT Outcome: Bonnie will sit independently x 20 min. and play with toys so Mom can start dinner 5 consecutive days.

Update (Reflection): Bonnie's mom showed me how she usually positions Bonnie; she said that Bonnie slips out of position after a few minutes.

ST goal addressed: helping Bonnie sit up by herself in order to play with toys.

Strategies/Response: Showed Bonnie's mom how to position her in corner of couch with the boppy pillow across her lap and wrapped around her waist so she can lean forward and support herself with her arms while reaching for toys. Bonnie played for 10 minutes in this position. Demonstrated how to make this more challenging for Bonnie by sitting her on the floor with the boppy pillow support across her lap but without back support. Showed Mom how to reposition her if she begins to slip. Mom practiced this and Bonnie was able to control her posture with minimum to moderate assistance for 10 minutes, playing with toys in this position.

3. LT Outcome: Andrew will feed himself a meal independently once daily for 4 consecutive days.

Update (Reflection): Last session, I showed Andrew's mom how to use rolled towels for positioning Andrew in his highchair. Andrew's mom communicated today that the towels keep slipping when Andrew uses effort to self-feed.

ST goal addressed: helping Andrew feed himself a meal during family dinner time.

Strategies/Response: Placed foam supports on either side of Andrew's high chair to support him upright and in midline in his high chair and Andrew's mom taped foam to chair and attached the tray. Taught Andrew's mom to support Andrew's elbow from behind in order to keep it forward on the tray so he could pick up Gerber Puffs with his right hand. Andrew used his fingers to hold Puffs in his palm and bring them to his mouth 10 times. Mom also practiced this with his left hand and he was able to get the puffs to his mouth successfully 5 times using left hand.