





ABC's of Social Emotional Development Using a blank piece of paper, write the alphabet down the left hand side С Think about your own social D emotional skills and strengths, E empathy as well as social emotional skills you want to see and help G support in the children you care Н In 2 minutes, brainstorm a list of words you are thinking about using each letter of the alphabet



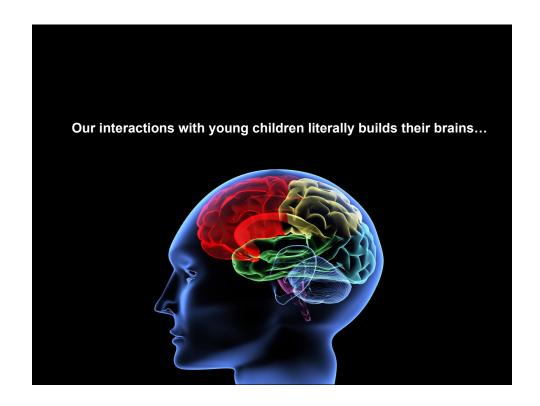


GOOD NEWS!

Strategies to Build Relationships With Children...

- ☐ One-on-one time
- ☐ Play
- ☐ Quick and predictable responses
- ☐ Cuddling and gentle touch
- □ Talking
- □ Reading and singing
- ☐ Many, many others!!!







What strategies do you use to build relationships with children and families...

use chat to respond





- Seek families' knowledge of their child's strengths, needs and interests
- · Ask families questions about their child
- Ask families to help
- Get to know family members as individuals
- Share something personal
- Share observations about their child

Mean Age Expectation in Months for Milestone Attainment

		Puerto	
	Caucasian	Rican	Filipino
Eat Solid Food	8.2	10.1	6.7*
Training Cup	12.0	17.1	21.9*
Utensils	17.7	26.5	32.4*
Finger Food	8.9	9.4	9.5
Wean	16.8	18.2	36.2*
Sleep by Self	13.8	14.6	38.8*
Sleep all Night	11.4	14.5	32.4*
Choose Clothes	31.1	44.2	33.1*
Dress Self	38.2	44.2	39.2
Play Alone	25.0	24.8	12.3*
Toilet Trained-Day	31.6	29.0	20.4*
Toilet Trained-Night	33.2	31.8	34.2

Carlson & Harwood (2000)



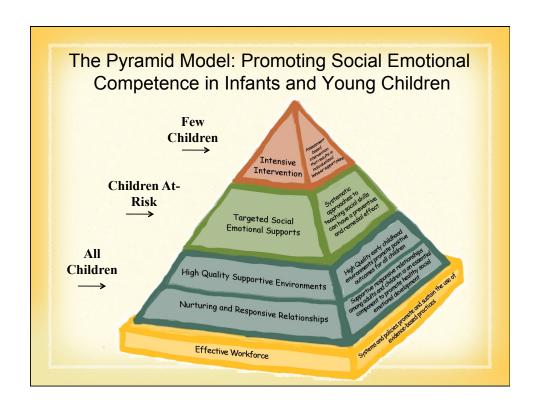
















How Often Do You...

Purposefully integrate social emotional strategies in your work with children?

Offer social emotional strategies to parents?



Can You Find...

Evidence based social emotional resources?

Social emotional training?

Networking opportunities?



Have You Ever Wanted ...

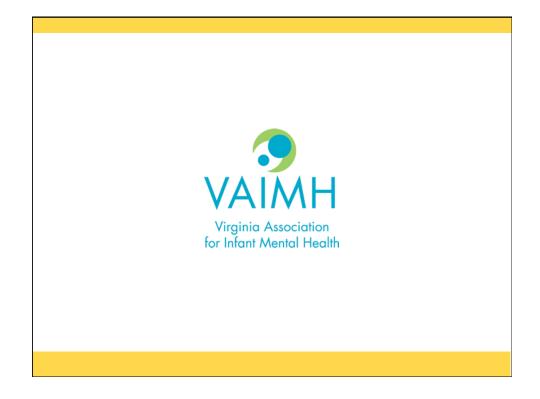
To learn about Individualized Behavior Support Plans?

Receive Reflective Supervision?

Help from an Early Childhood Mental Health Consultant?



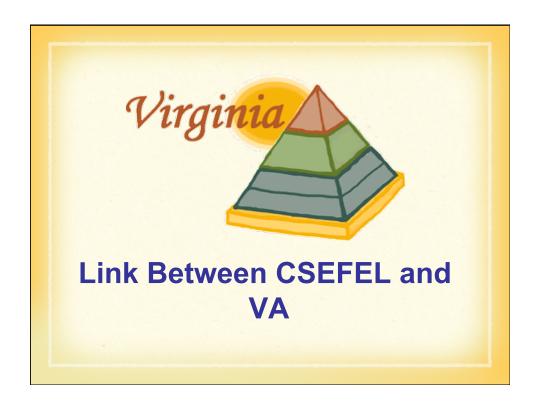






VAIMH Endorsement
For Culturally Sensitive, Relationship-Focused
Practice Promoting Infant Mental Health™

COMPENTENCY GUIDELINES







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