

# Early Intervention and Feeding: When to Seek a Specialist - PART I

---

## 3 LEARNING TIPS FOR EACH VIDEO



1. Check breathing
2. Use adaptive positioners, if necessary to obtain optimal postural alignment
3. Pace the feeding to promote an efficient suck-swallow-breathe coordination



1. Sometimes a diagnosed condition requires extra time/practice
2. Keep communication flowing
3. Make mealtime fun



1. Acknowledge and support cultural differences
2. Keep it fun
3. Begin offering family foods instead of bland baby food



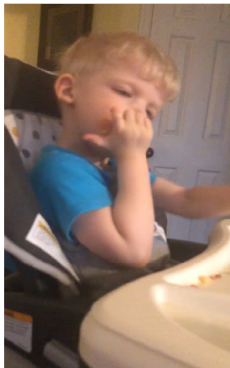
1. Offer soft solid foods to encourage biting with front teeth
2. Encourage self-feeding with soft solid family foods
3. Encourage chewing on gums where molars will be

## Early Intervention and Feeding: When to Seek a Specialist - PART I

---



1. Encourage touching food
2. Encourage preparing or choosing food
3. Allow a mess!



1. A child with a diagnosed developmental delay may need extra time
2. Focus on improving motor and/or sensory skills before advancing feeding
3. Allow self-feeding/exploration as much as possible