

Examples of questions to screen and assess feeding-related problems in practice



KEY QUESTIONS:

- Are there any feeding-related problems with your child?
- How do the feeding concerns manifest during mealtime?
- Does the child have any underlying disease that affects oral intake?
- Have the child's growth and development been faltered and restricted?
- How is the child's response to food and the interaction between the caregiver and the child during mealtime?
- How is the caregiver's response when the child refuses to eat?
- Are there any significant stress factors in the family that influences oral intake of the child?



QUESTIONS ON FEEDING HISTORY:

- When does the child eat? Where? With whom?
- How does the child eat? Self-feeding with good appetite?
- How is the positioning of the child during mealtime?
- Are there any distractions such as television viewing, games, and toys that disturb eating during the mealtime?
- Are there any feeding battles between the child and the caregiver?
- Does the child have the tendency of selective eating during the mealtime?
- Does the child show fear of feeding or depressed mood during mealtime?



QUESTIONS ON DIET HISTORY:

- What and how often does the child eat?
- How much is the amount of food and/or formula?
- How do you prepare food and/or formula for the child?
- Is there excessive beverage consumption such as milk, juice, sodas, and water?
- What specific foods with specific tastes, textures, smells, or appearance does the child refuse to eat?
- What and how often does the child eat snacks in between meals?