

ROLE OF A REFLECTIVE SUPERVISOR

Safety - I will accept what you have to tell me. I will listen carefully and respond as I am able. I will set limits for you that are clear, firm, and fair. I will be available if you need me.

Consistency - I will explain the work as I understand it and respond to you with care and concern. If something is not clear to me, I will ask you to tell me a little more.

Dependability - If we schedule a meeting time, I will make every effort to be there when I said I would. I will let you know where you can find me if I am going to be away.

Respect - I will accept you and all that you tell me. I will not be judgmental. I will keep what you tell me between us and not share it with others without your permission.

Honesty - I will be open with you. I will let you know when I think things are going well for you and for the families you are working with. I will also let you know when I have concerns.

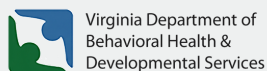
Curiosity - I will remain attentive, inquisitive, and open to what a supervisee says, exploring possibilities while staying grounded in what the facts are.

Thinking/Feeling - I will allow myself to have thoughts and feelings in response to the "stories from the field," brought to me during the supervisory hour

Compassion - I will remain nonjudgmental, patient, and empathic in response to what a supervisee tells me about their work, the nature of their interactions, or the feelings awakened in the presence of the developing relationship.

Shared Attention - I will notice, wonder about, and respond to the experiences of the infant, parent(s), and home visitor as I observe and listen to what the supervisee tells me.

(Heller and Gilkerson, 2009, p. 65 & 67)



ROLE OF A SUPERVISEE

I will come on time, prepared to share detailed observations, thoughts, feelings, and concerns.

I will be open to becoming aware of my feelings as they relate to what I see and do.

I will ask questions that challenge my assumptions, values, and beliefs.

I will explore and share my thoughts and feelings, increasing my awareness of self and enriching my understanding of others.

I will act on my new awareness and learning to strengthen my practice.

I will allow you to support me in the difficult work I am doing with young children and their families.

(Weatherston & Barron, 2009)

