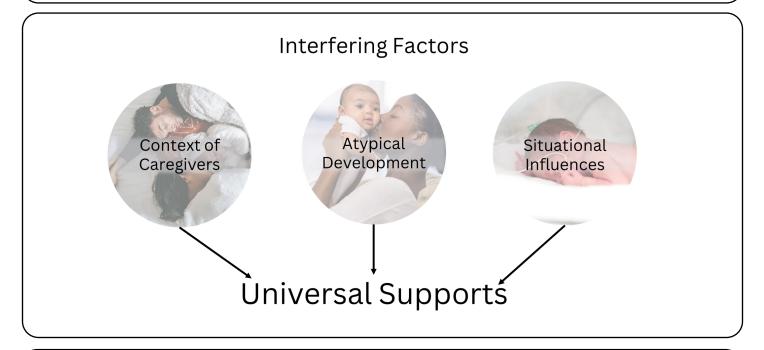
Supporting Families when Factors Interfere with Typical Social-Emotional Development

Resource Handout | June 2023

"New parents see their infant through several lenses. One will be that of the infant of who they have dreamed, another that of an infant with a much-feared problem, and another that of the actual infant whose behavior they can experience directly."

- Nugent, et al, 2019.



Universal Supports

- Turn family routines into attuned rituals
- Honor the parent as the expert on their child
- Seek to understand the meaning caregivers makes about their child and their situation:
 - Observe behaviors with the parent
 - Help families understand the developmental significance of behaviors
 - Monitor our own reactions and present observations and insights in a nonjudgmental way
 - Explain behaviors as a part of the developmental whole how the individual behaviors show the child's unique being
- Join a caregiver in observing a child with awe and wonder in a way that will lead to attunement, new meaning making, and the creation of new rituals.

Glossary

Equifinality: Understanding there are different pathways that can result in the same outcome depending on the system and context.

Multifinality: Understanding that a specific pathway or risk factor may result in a multitude of developmental outcomes depending on the system and context.

Interoception Sense: A person's ability to understand their body's needs in terms of thirst, hunger, bowel and bladder function, and temperature, etc.

Proprioceptive Sense: A person's awareness of their body in time and space. Includes a sense of movement, force, and body position.

Vestibular Sense: Provides a person with a sense of balance and gives information on the body's positioning. Involves our sense of balance and posture.

Resources

Postpartum: Recognizing and Supporting the Impact on the Parent-Child Relationship by Telisha Woodfin:

Session 1: https://youtu.be/U4ZVQiBp1lc
Session 2: https://youtu.be/Y3E2WQh49M4

Relationships First: Shifting the Mindset from Control to Engagement by Dr. Mona Delahook

https://www.veipd.org/main/sub_socio_emot_dev.html > "eLearning/Presentations/Webinars" Tab

Stress Response or Challenging Behavior? New Answers, New Directors by Dr. Mona Delahook: https://www.veipd.org/main/sub-socio-emot-dev.html > "eLearning/Presentations/Webinars" Tab

Shark Music Video:

https://www.youtube.com/watch?v=Sc1qrYAA7Lg

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