

It's All Interconnected Part I

Resource Handout | November 2023

Resources

STAR Institute

<https://sensoryhealth.org/>

Zero To Three

<https://www.zerotothree.org/>

American Academy of Pediatrics

<https://www.aap.org/>

The Power of Play: A Pediatric Role in Enhancing Development in Young Children | Pediatrics | American Academy of Pediatrics (aap.org) Volume 142, Issue 3 September 2018

<https://publications.aap.org/pediatrics/article/142/3/e20182058/38649/The-Power-of-Play-A-Pediatric-Role-in-Enhancing?autologincheck=redirected>

Power of Play in Early Childhood (aap.org)

<https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/power-of-play/>

American Occupational Therapy Association

<https://www.aota.org/>

Pathways.org

<https://pathways.org/>

References

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Bundy, A. C., ScD OT/L FAOTA FOTARA, & Lane, S. J., PhD OTR/L FAOTA CSU (2019). Sensory Integration Theory and Practice (3rd ed.). F.A Davis Company.

Delahooke, M., Ph.D (2017). Social and Emotional Development In Early Intervention. PEPSI Publishing & Media.

Miller, L. J., Ph.D, OTR (2014). Sensational Kids: Hope and Help for Children with Sensory Processing Disorder (SPD). Penguin Group.

Murphy, L. K., CCC-SLP (2021). Co-Regulation Handbook: Creating Competent, Authentic Roles for Kids with Social Learning Differences, So We All Stay Positively Connected Through the Ups and Downs of Learning. Linda K. Murphy.

Schaaf, R. C., PhD, OTR/L, FAOTA, & Mailloux, Z., OTD, OTR/L, FAOTA (2015). Clinician's Guide for Implementing Ayres Sensory Integration. AOTA Press.

Siegel, D. S., M.D & Bryson, T. P., Ph.D. (2012). The YES BRAIN: How to Cultivate Courage, Curiosity, and Resilience in Your Child. Random House Publishing Group

Williamson, G. G., Ph.D, OTR, & Anzalone, M. E., ScD, OTR (2001). Sensory Integration and Self-Regulation in Infants and Toddlers. Zero to Three.



Typical Development

Age

Typical Responses In The Development Journey

0-6 months - Primary need to feel safe/connected, sleep and early movement exploration

Inconsistent newborn sleep patterns, always wanting to be held, arching (not related to reflux)

6-12 months - Developing language and motor skills

Throwing, Exaggerated response to new experiences- textures such as sand, grass, food progressions, Putting “everything” in their mouth including toys, Separation Anxiety

12-24 months - Independence, more competent in communication and motor

Running around is a game, parallel play, not sharing/snatching, hitting, Separation Anxiety, Defending Toys (“mine!”), Limited attention span

24-36 months - Big feeling, greater social interests forming

Not sitting still, difficulty with napping, whining, limited cooperative play

Possible Early Signs of Sensory Processing Problems

- Delayed motor skill acquisition (without any underlying physical impairments)
- Difficulty learning new skills
- Uncoordinated movements
- Limited play skills
- Difficulty with textures
- Fearful of movement
- Insatiable need for movement
- Sleeping difficulties
- Eating difficulties

