









Tips and Conversation Starters for Families and Their PCPs

Genetic Contributions to the Developmental Journey Part II | September 2023

Empowering Families to Talk to Their PCP

-  Remind parents: “You are the expert on your family”
-  The provider may have the scientific knowledge but the family has the personal history and day to day experiences
-  Teach the family tools to advocate.

Tips for Families About Conversing with Their PCP About Genetics Concerns

-  Prioritize top 3 concerns
-  Record your observations about your concerns and bring them
-  Bringing a trusted person with you to the appointment
-  Schedule a follow-up appointment if there is not time to address all of your concerns
-  Speak in your native language & ask for an interpreter to help you explain your concerns

Family Conversation Starters About Genetics with Their PCP

I am concerned about...

My concern of _____ from our last visit has not resolved (worsened). What can be done to explore further?

In talking with my family, I learned we have a history of _____. Is it possible _____ is genetic?



TALKS
on Tuesdays

