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What words come to mind when you think about Neurodiversity?

Autism and Neurodiversity

Supporting Children and Families Through a Neurodiversity-Affirming Approach





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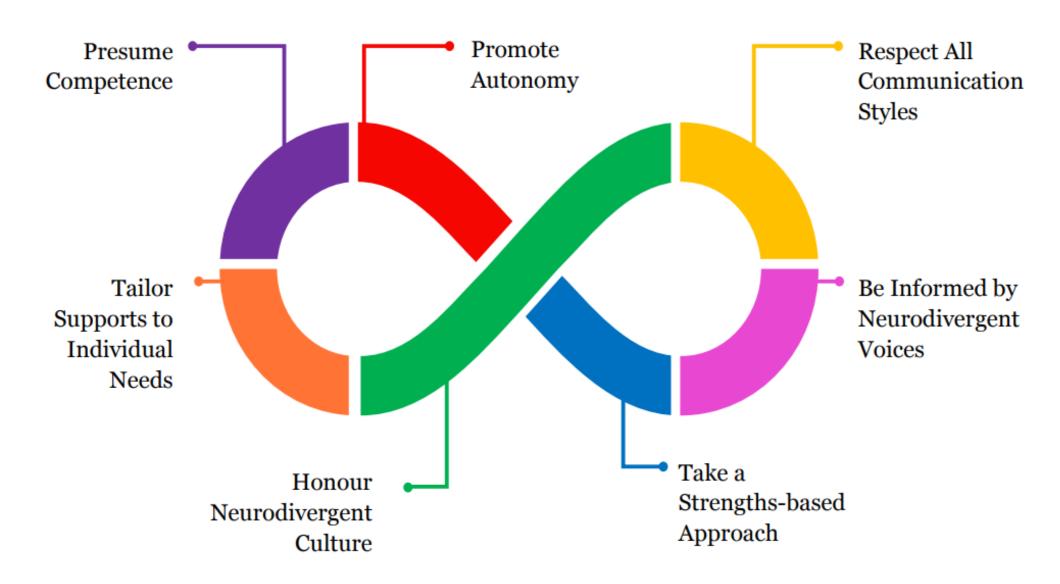
DEC RPs

- Family 4: Practitioners and the family work together to create outcomes or goals, develop individualized plans, and implement practices that address the family's priorities and concerns and the child's strengths and needs.
- Family 5: Practitioners support family functioning, promote family confidence and competence, and strengthen family-child relationships by acting in ways that recognize and build on family strengths and capacities.

MEGS MANBACK



Neurodiversity Affirming Practice



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Advocate

It is our **responsibility** to learn about Autism in a way that **supports** and **values** Autistic people.

We get the **privilege** of being about to do this for Autistic children and their families while they are very young.



How often do you talk about Autism with families in your position?

Service Coordinators



Early Interventionists



Leadership, Intake Coordinators, etc...

The El Process

Transition/Discharge

Ongoing Services

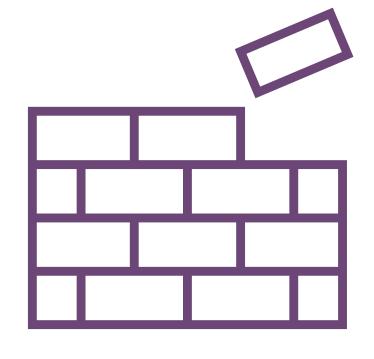
ASP/ISFP

Eligibility

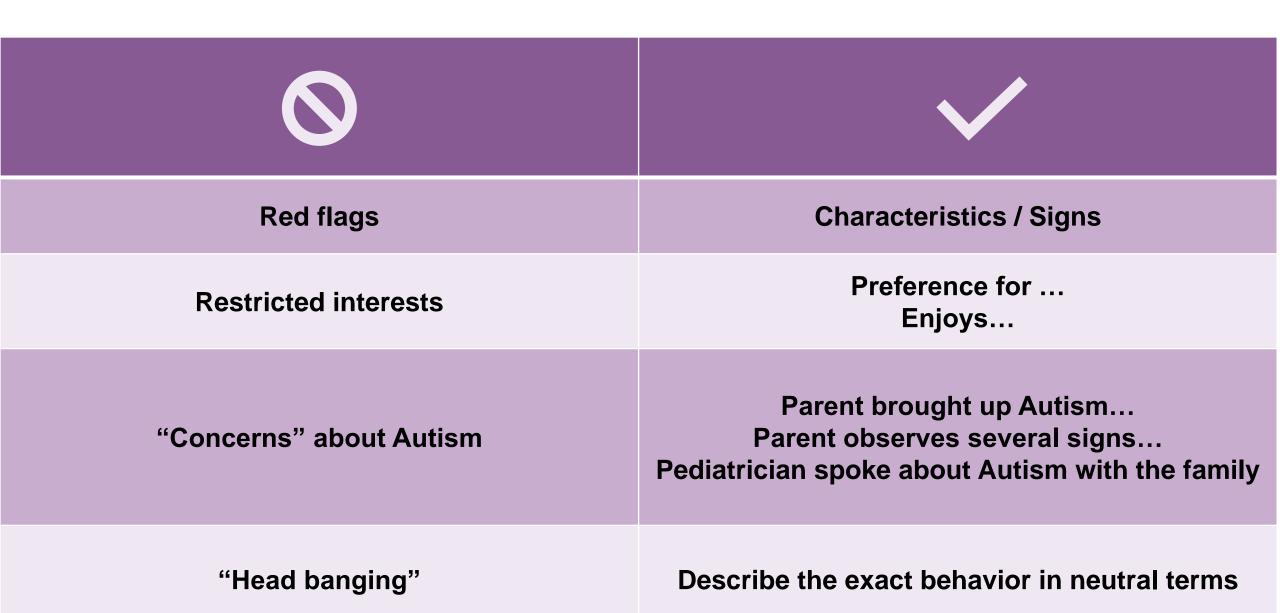
Referral/Intake

Referral/Intake

You lay the foundation!



Words Choice Matters



Observations

VS

Opinions

looked back towards Mom as he ran down the hallway

pretended to feed Dad play food

approached the SC and touched their badge

great eye contact

good play skills

very social

Also consider:

- Tone
- Facial expression
- Body language





Help! A parent brought up Autism at Intake. Stamp a statement that you would be likely to use.

"Thank you for sharing, we have a tool that lists some of the most common characteristics of Autism that we can complete together."

"How are you feeling after the pediatrician shared information about Autism with you?"

"You shared that you have Googled Autism, what have you learned?"

"I will document what you have shared with me and bring it back to our team of early interventionists."

The El Process

Transition/Discharge

Ongoing Services

ASP/ISFP

Eligibility

Referral/Intake

Eligibility



Administering Screening Tools

Atypical Eligibility

Child is determined NOT eligible for the Infant & Toddler Connection of Virginia Referral(s) were made to		
Child is determined eligible for the Infant & Toddler Connection of Virginia based on the following criteria (check all that apply)		
Developmental Delay - Children who are functioning at least 25% below their chronological or adjusted age in at least one area of development		
✓ Atypical development	Area(s) of atypical* Select values ▼	
A diagnosed physical or mental condition that has a high probability of resulting in a developmental delay	Atypical or questionable sensory-motor responses	
	Atypical behaviors that interfere with acquisition of developmental skills	
	Atypical or questionable social-emotional development	
	Impairment in communication skills with restricted/repetitive behaviors	

The El Process

Transition/Discharge

Ongoing Services

ASP/ISFP

Eligibility

Referral/Intake

ASP/IFSP



What characteristics of Autism do you first notice when you meet a child?

How to Shift the Focus to Successes



Joint Attention



Eye Contact



Response to Name



Communication



Think of neutral ways to ask about the characteristics you might notice.

You shared that Kate loves
Paw Patrol, what body
language, sounds, or facial
expressions does she use to let
you know?

How does Bobby know to transition to the table at dinner time?

Tell me about your favorite way to spend time together? What does Miles do to show you his interest/enjoyment?

How does Ryan prefer to spend his time when outside/at the playground?

What do you notice Mollie engaging in the most during independent play?

How do you know Jayla is interested in something you say/do when hanging out as a family?

Reframing narrative statements:



Juan engages in repetitive movements when watching TV.



Juan expresses his joy while watching Mecha Builders by jumping up and down.



Reframe these narrative statements in the chat:

- Cierra does not point or use words to communicate what she wants to eat or drink at mealtimes.
- Liam ignores Mom when she calls his name when it is time to leave the playground.



Spiky Developmental Profiles

12 months	7. Finger-feeds self for part of meal	+
	Takes off hat, shoes	+
	Cooperates in dressing	-
	10. Inhibits drooling	+
14 months	11. Chews most foods well	+
	12. Pulls off socks	+
15 months	13. Climbs stairs on hands and knees	+
	14. Shows wet or soiled pants	
	15. Overcomes simple obstacles	+
	16. Vocalizes and gestures to indicate wants	+/-
16 months	17. Holds cup and drinks with some spilling	+
	18. Imitates housework	
17 months	19. Fetches or carries familiar objects	_
18 months	20. Uses spoon with little spilling	
	21. Walks up stairs, one hand held	+
	22. Places only edibles in mouth	
	23. Moves about house without adults	+
	24. Hands empty dish when finished eating	T-
	25. Unzips zippers	+
	26. Gets onto adult chair unaided	+
	27. Uses toilet when taken by adult	
21 months	28. Creeps backward down stairs	+
	29. Steps upstairs with hand on rail	+
	30. Replaces some objects where they belong	1.
22 months	31. Puts shoes on part-way	-
	32. Unwraps candy	+
24 months	 Squats, holds self, or verbalizes toilet needs 	-
	34. Takes off clothes, with help on buttons	+
	35. Pulls pants or shorts off and on	+/-
	38. Spoon-feeds without excessive spilling	-
30 months	37. Dries own hands	+
	38. Helps carry and put things away	<u> </u>
33 months	39. Dresses with supervision	1-
	40. Puts on coat unassisted	1.



Spiky Developmental Profiles

Cognitive

1-1 Development of Symbolic Play		
+	1.13	2.5-4
+	1.15	3-6
+	4.39	5.5-7
+	1.35	6-9
+	1.23	7-9
+	1.36	6-11
+	5.35	9-12
Emerging+/-	1.59	10-15
-	5.52	
-	5.52a	15-18
-	5.52b	18-24
-	5.77	24-30
-	1.13	24-30

1.4 Problem Solving		
+	1.25	5-6.5
+	1.26	5-9
+	1.49	6.5-7.5
+	1.45	8-10
+	1.47	8-10
+	1.46	8-11
+	1.53	9-12
+	1.74	9-12
+	1.79	13-15
+	4.64	12.5-18
+	4.66	13.5-19
+	1.95	17-24
+	6.55	21-23

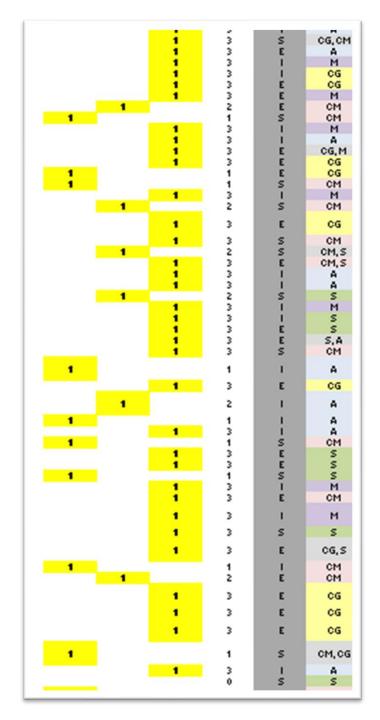
1-2 Gest	ural Informati	on
-	1.42a	7-8
	1.42b	9-11
•	1.66	11-14
	1.84	14-17
	1.96	17-20

1-5 Spatial R	Relationship	os
+	1.58	10-11
+	4.60	12-13
+	1.76	12-13
+	4.61	12-16
+	1.79	13-15
+	1.64	13-15
+	1.75	12-18
+	4.66	13.5-19
-	1.88	15-18
-	1.105	18-24
-	1.128	24-27
+	1.147	30-36

1.6 Concepts: Pictures		
-	1.44	8-9
+	1.6	10-14
Emerging+/-	1.82	14-15
Emerging+/-	1.107	19-27
-	1.117	21-30
-	1 129	24-28



Spiky Developmental Profiles



Age Levels

Age:	25 months	Adjusted Age	N/A	Cognitive	13-19 mos.
Receptive Language	18-20 months	Adaptive/ Self-Help	24 months; atypical sleep	Gross Motor	24-28 mos.
Expressive Language	15-18 months, some skills at 30 months; atypical	Social- Emotional	Scattered upwards to 25 months; atypical	Fine Motor	15-24 mos.

"Language is changing from "deficits and delays" to things like "differences and strength-based descriptions". Our tools and process that we are required to use are still of the "medical model" and we still need to convince people like insurance companies to pay for our services, so you may hear some outdated terms.

We **value** your child, and we will always presume competence. This means that we (the experts in child development) will work with you (the expert in your child and your family) to find the best ways we **together** can help your child learn."

- Fairfax ITC Therapist

Decision Tree

Descriptions often reflect a delay better than atypical development.

Decision Tree for Child Outcomes Summary Process Based on All Assessment Information Does the child ever function in ways that would be considered age expected with regard to this outcome? **NOTE:** Performance of an age expected skill that emerges at a younger age is not sufficient by itself to answer yes to this question. Let's think about some examples Consider statements 1-3 Consider statements 4-7 Is the child using functional skills that are Is the child showing age expected functional skills in all aspects of this outcome and across all settings and situations? close to age expected functioning? Let's think about some examples Let's think about some examples Are there any concerns about To what extent does the child use To what extent is the child the child's function with regard functional skills that are close to age using age expected skills across expected across settings and situations? to this outcome area? settings and situations? Let's think about some examples Let's think about some examples in the second of the se Let's think about some examples Child shows Child is beginning Child shows many Child uses to show some of occasional use age expected many skills. He also the early skills that important of some age NO expected skills are necessary for skills that are continues to show - or only some some skills that development of necessary for aspects of the might describe a more advanced more advanced skills in this area. skills. skills. younger child. 1. Child has the 3. Child uses many 6. Child has 7. Child has 2. Child is 4. Child shows 5. Child shows the skills that very early skills beginning to important skills occasional many age all the skills in this area. This that are necessary expected we would that we show some use of some expect in this would expect means that child of the early for development skills. He also age expected has the skills we skills that are of more advanced skills. He has continues to area. There are in this area. would expect some concerns necessary for skills; he is not more skills of a show some with [area for a much development yet showing skills vounger child skills that might of concern/ younger child. of more used by other in this area. describe a advanced skills children his age in younger child in quality/lacking skill1. in this area. this area.









Neurodiversity-affirming goals should...

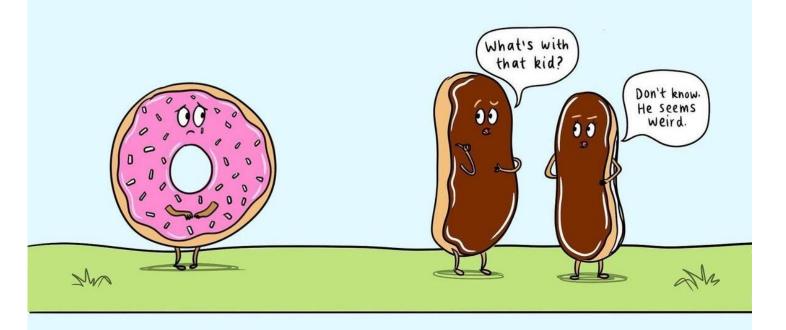
expand on areas of strength.

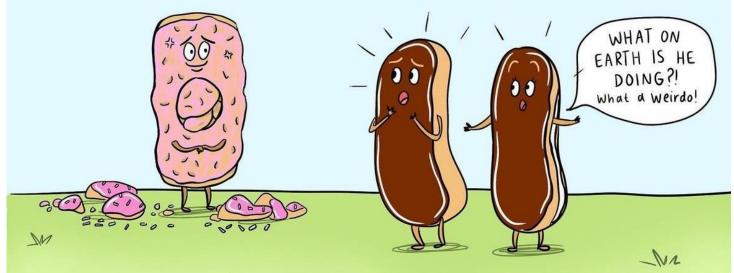
Neurodiversity-affirming goals should...

include and accept multiple forms of communication.

Neurodiversity-affirming goals should...

support family/community participation with accommodations and sensory supports.





Autistic Maskingthe cost is often higher than people realise.



Examples of Goals

When playing outside, Jai will engage in an activity of interest (ball, collecting sticks, jumping, etc.) alongside his brother each day for 2 weeks.





What makes this goal neurodiversity-affirming?

When on Facetime with Grandparents, Michaela will show her interest by saying their names, labeling items, or bringing items near the phone 4x a week for 2 weeks.



Nevaeh will request (words, gestures, or pictures) a specific support (hug, bouncy ball, blanket swing, etc...) when she needs it during the evening routine at each opportunity for 2 weeks.



The El Process

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"Play Skills"

What is the purpose of the goal or activity?

Facilitating development v. empowering engagement in activities that facilitate joy



Use Child Interests





















Put in the chat fun interests of the children you have worked with?

Challenging Traditional Views of Shared Attention

- Peripheral vision
- Proximity
- Participation
- An item of interest
- Hand leading
- Continued conversation



Helping Families Understand Communication

Building relationships/positive interactions

Identifying & accepting all forms of communication

A child's response indicates the effectiveness of the strategy

Learning a child's boundaries and limit





How comfortable are you supporting a family with behaviors that harm the child or others?

Behaviors

- Regulation v. emotional manipulation
- What purpose does the behavior serve?
- What other ways can the child work to communicate those feelings/needs?



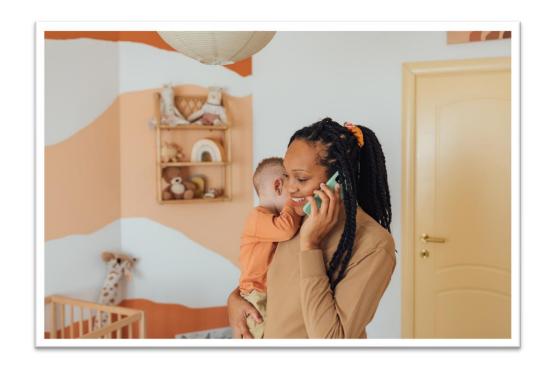
Behaviors

- What do we do to keep the child safe in the meantime?
- Validate experiences and emotions
- Work to identify sensory/regulatory supports & environmental changes



Service Coordination: Check-ins, Reviews, and Annuals

- Share information with therapist
- Follow up with therapist and family





Uncomfortable Conversations



Uncomfortable Conversations



What if you notice signs of Autism but therapist hasn't brought it up?



The El Process

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Transition/Discharge

Transition/Discharge



- Child Find process
- Next steps for family support (respite, ongoing therapy, community activities)
- Discussions about what school services look like
- Advocating for their child



What is one thing you want to do moving forward?

Questions?



Stay tuned for next month!



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